REGISTER TODAY

This is your chance to show your support for the Mountain Rescue Teams throughout Ireland who are constantly on call should you need them!

ABSEIL DATE:

Saturday 28th July 2012 (9am - 5pm)

ABSEIL LOCATION:

elat

ABSEIL • 2012

Spegla Dam, Mourne Mountains, Co. Down

REGISTER ONLINE

www.eventelephant.com/dambusters

To create your fundraising page please go to www.mycharity.ie/charity/ mountain_rescue_ireland

For further information please contact Sharon on 00353 87 259 0290 or email fundraising@mountainrescue.ie



Minimum sponsorship

www.mountainrescue.ie

SUPPORTED BY northern ireland water

This event is run bv Life Adventure Company

Please note that all participants under 18 must be accompanied by an adult.



Registered Charity CHY10412



REGISTER TODAY

E35 Registration fee



For further information please contact Sharon on **00353 87 259 0290** or email fundraising@mountainrescue.ie

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ABSEIL DATE:

Saturday 28th July 2012 (9am - 5pm)

ABSEIL LOCATION:

PETA

Dwyers Rock, Wicklow Mountains, Co. Wicklow

REGISTER ONLINE

www.eventelephant.com/rockstars

To create your fundraising page please go to www.mycharity.ie/charity/ mountain_rescue_ireland



Registered Charity CHY10412

This event is run by Adventure.ie

Please note that all participants under 18 must be accompanied by an adult.

www.mountainrescue.ie

(Location is subject to permit')